Gym Rules

Have your CWL ID with you.

- No one under the age of 14 may be in the Gym without someone 14 or older to supervise them.
- A change of shoes is encouraged to keep the floor clean and to prevent damage for sand, salt & gravel.
- No street shoes or dark soled tennis shoes.
- No pop or food is allowed.
- Guest day pass is available for non-residents (\$3)
- Liability waivers must be signed by a parent or legal guardian if a minor.