Vol. 39, No. 4 CANDLEWICK LEISURE

Sunset at Candlewick Lake

Photo by D. L. Hruby, Candlewick Drive



SAVE THE DATE 2023

Dues Raffle Sales March 1-April 17 Dues Raffle Drawing April 18 Lunch w/ Easter Bunny April 1 Wine Tasting April 29 Garage Sales May 19, 20, & 21 Independence Day Celebration July 1

DUES REDUCTION RAFFLE RETURNS!

Enter for a chance to reduce your 2023/2024 Annual Dues by a minimum of \$500.00. Ticket sales begin on March 1st and will continue through April 17th. Tickets are only \$5.00 each (cash only) and can be purchased at the Administration Office or the Recreation Center. Drawing for winners will take place at the Board of Directors Meeting on April 18th.

For a complete list of raffle rules, see page 6 of this section or visit our website at cwlake.org

2023 marks our 13th year for the Dues Reduction Raffle. You can't win if you don't play!



Concert in the Park July 23

Fall Garage Sales September 15, 16, & 17

Fall Vendor Fair September 23

Glo Go Run September 30 (Savannah Oaks)

Fall Festival October 21

Turkey Bingo November 10 Breakfast with Santa December 16

Holiday Light Judging December 18

Winterfest January 13

Bunco the 1st Friday of the month



VOLUNTEERS **NEEDED! COMMUNITY CLEAN UP DAY** April 22, 2023 Rain date – April 23, 2023 Starting at 8:00 AM at the **Recreation Center** Sign up at the Recreation Center or the Administration Office to commit to a certain area, street or park. We need your help to make sure all areas of our community are covered. If you have any questions, contact Dave Wiltse – 847-774-6843.

Amenities

2022/2023 Amenity Information Watercraft Registration & Renewals Email documents to cwl@candlewicklake.org

Boats & Personal Watercraft (Jet-skis/Waverunners)

Mail, email, or drop off your current registration, proof of \$100,000.00 liability insurance, and the completed watercraft registration form and a new decal will be issued. Maximum boat length is 20' and there is a 90 HP limit on all motors operating on the

lake. There is no charge for the decal. All watercraft not registered to your Candlewick Lake address in 2021 must be inspected by Public Safety before it goes on the lake. All motorized watercrafts are required to be registered, have a new decal displayed every year, and have the member's unit and lot number preceded by CWL displayed on both sides of the watercraft.

Guest watercraft are not allowed.

Canoes, Kayaks and other Non-Motorized Watercraft

Non-motorized watercraft that are not required to be registered with the State, must display the member's unit and lot number preceded by CWL on both sides of the watercraft. You do not need to register non-motorized watercraft at the office. Candlewick decals are not required for non-motorized watercraft.

Storage Site Renewal Email documents to cwl@candlewicklake.org

Mail, email, or drop off your completed registration form, payment, along with registrations

for each item stored in the storage area and a new decal will issued. A current year's decal must be displayed on all items.

Storage Site locks will be changed on May 2nd. Please renew your storage site and exchange your key.

Large sites – Yearly Rental \$200.00 Small sites - Yearly Rental \$155.00

Boat Dock Rental

Marina Docks \$500 per season Stationary Docks \$325 per season \$25 Key Deposit

2nd Payment due date was extended to July 1, 2022

To be put on the waiting list, please contact the Administration Office

Dog Park Registration

The dog park is located by the Outpost. All dogs must be registered and have a dog park tag and a key to enter. The tags and keys are available at the Recreation Center. The lock will be changed on May 2nd.

Dog Tag \$10.00/Annually plus a \$25 Key Deposit You must provide:

A copy of your homeowner's/renter's insurance

A copy of your dog's rabies vaccination including rabies tag number

Dog Park Registration Form

Extended Fitness Memberships Residents may use the Fitness Center during regular hours of operation by presenting a

valid Member ID card.

Extended Membership hours are 4:00 am – 10:00 pm daily. You must be 18. Sign up at the Recreation Center.

\$10.00/month per person

You must have a change of shoes to use the Fitness Center and Gym.

Savannah Oaks Golf Course

Opening Day April 8th (weather pending)

Please call ahead for a tee time. 815-339-0500 Ext. 410

Guest Fishing Passes Email pass request form to cwl@candlewicklake.org Anyone age 16 and over is required to always have an Illinois Fishing License and a Candlewick Guest Fishing Permit in their immediate possession while fishing at Candlewick Lake. Active-duty military personnel and disabled veterans need to present a Military ID in lieu of an Illinois Fishing License and Candlewick Guest Fishing Pass. Mail or email completed pass request form along with check made payable to CWL. Annual Pass (Valid May 1st – April 30th) \$30.00 each - Limit 4 per household Daily Pass \$10.00 each - Limit 5 per day

Three Day Pass (Consecutive Days) \$15.00 – Limit 5 per day

Guest Pool Passes Residents must be with their guests while at the Candlewick Lake Pool.

Children age 9 and younger must be accompanied by a chaperone that is at least 16 years old.

2022/2023 Member ID Card

Information

It is not necessary to renew your Member ID card if your Member ID card has your date of birth printed on it. The following amenities will be included with your dues and will require a Member ID card. Your Member ID card must be presented at the time of service. If you do not have your Member ID card, additional fees may apply. All members of your family residing with you and wishing to use these amenities will be required to get a Member ID card.

(A Member ID card will not be issued to children under age 3.) Resident Pool Pass

> **Resident Fishing Pass** Resident Green Fees **Resident Gym Pass** Fitness Center Boat Decals Snowmobile Decals

ATV Decals (for operation on the ice only)

Waiver Forms

A waiver form must be on file if you, your children, or your guests wish to use the pool, fitness center, gym, or participate in any classes or camps. All guests under the age of 18 must have the waiver form signed by their parent or legal guardian. Waiver forms that are already on file are still valid. Contact the Recreation Center for more information. Blank waiver forms are available online, at the Recreation Center, and at the Administration

Office.

Building Hours Recreation Center (November-April)

Monday – Friday Saturday Sunday

9:00 AM - 8:00 PM 9:00 AM - 5:00 PM 12:00 PM - 4:00 PM

<u>Savannah Oaks Clubhouse Hours</u> Savannah Oaks Opens for March Madness

April 1st - 3:00 PM - 10:00 PM*

Final Four

April 2nd – CLOSED

April 3rd - 5:00 PM- 10:00 PM*

CHAMPIONSHIP GAME

April 7th - 8:00 AM - 10:00 PM **Golf Course Opens for the Season – Weather Permitting**

<u>April 7th – 30th</u>

Sunday - Thursday 8 AM - 8 PM Friday – Saturday 8 AM – 10 PM

We reserve the right to close early if attendance for the game is low.

****Clubhouse Hours unless otherwise posted for event.**

Annual Pass (Valid May 28th - September 5th) \$30.00 each - Limit 4 per household Daily Pass \$5.00 each Your Member ID serves as your Resident Pool Pass. A complete list of rules and regulations can be found at candlewicklake.org.

Candlewick Lake Association, Inc. Telephone Numbers

Administration Office Public Safety Office Recreation Center Savannah Oaks Clubhouse Pool Administration Fax # Maintenance **Report an Incident** Visitor Call In

815-339-0500 815-339-0500 815-339-0500 815-339-0500 815-339-0500 815-339-0501 815-339-0500 815-339-0503 815-339-0311

By dialing 815-339-0500, you will be able to reach the Administration, the Public Safety Office, Recreation Center, or Savannah Oaks Clubhouse. Please make a note of these numbers.



Savannah Oaks

Savannah Oaks: "A place for fun for everyone" Come Join Us!!

by Lynn Pehanich

The Golf Course opens on April 7th!!

Look forward to another outstanding golf season with friends and neighbors! In addition to the Savannah Oaks Golf Course opening, golfers love April because it's time for **"The MASTERS."** Clubhouse opens just in in time to watch this beloved tournament Friday, April 7th thru Sunday, April 9th.

Clubhouse Hours – April 7th – 30th Sunday - Thursday 8 AM – 8 PM

Friday – Saturday 8 AM – 10 PM

MARCH MADNESS SCHEDULE:

April 1st - 3:00 PM - 10:00 PM*, Final Four April 2nd - CLOSED April 3rd - 5:00 PM- 10:00 PM* **CHAMPIONSHIP** GAME *We reserve the right to close early if attendance for the game is low.* April 5th and 6th - CLOSED

April 7th – 8:00 AM – 10:00 PM – Golf Course Opens for the Season – Weather Permitting. Masters Golf Tournament. GOLF LEAGUES:

Time to sign up for your golf league for 2023. The Men's and Ladies leagues have their organizational meetings in April:

- LADIES "Chicks with Sticks" Meeting Tuesday, April 11th at 5:00 pm at Savannah Oaks Clubhouse. League play begins May 11 – Sept 12th every other Tuesday night. \$50 Entry fee required before league play begins.
- MENS' NIGHT OUT Meeting Saturday, April 15th at 10:00 am at the Clubhouse. League play begins May 11th August 31st every Thursday night.
- YOUTH LEAGUE/LESSONS Will begin Thursday, June 15th 10:00 am
 12:00 pm. Meets every Thursday with a season ending tournament August 5th. Each session is \$10 and includes lessons, food and drink. Kids 9-16 are welcome!



GOLF COURSE OPENS APRIL 7! WEATHER PERMITTING



Watch for sign-up sheet in the clubhouse. OTHER APRIL EVENTS:

MADE VOUD CALE	NDADS for the first week
Friday, April 28th	BINGO at 7:30 pm
Friday, April 14th	BINGO at 7:30 pm
Saturday, April 8th	Pub Trivia at 8:00 pm

MARK YOUR CALENDARS for the first week in May:

May 5th – Cinco De Mayo – drink specials and tacos!
May 6th – FIRST Savannah Oaks 2023 GOLF TOURNAMENT

GOLF PUNCH CARDS:



Hey, you frugal golfers! Be sure to get your Punch Card in April. The punch card is for 10 rounds of golf with a cart and costs \$70. You save \$10.

TEE-TIMES:

Use the Candlewick Lake Mobile App or call the clubhouse to secure tee-times. Reserving a tee-time holds your time slot and assures cart availability. Please arrive at least 20 minutes before your tee-time to check in.

Savannah Oaks Youth Lessons Ages 9-15 Every Thursday 10am-12pm starting June 15th \$10 per child, per week • Hotdog or pizza lunch is included Sign up at Savannah Oaks starting April 7th *Participants must have their own golf clubs

- MILDEW REMOVER - WAX

Soft wash your home safely from the ground.

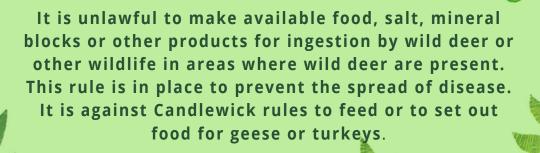
Washing the Stateline since 2002.



815-484-0999 we accept credit cards Britesitepressurewashing.com

PLEASE BE

AWARE



Rec Center

CANDLEWICK LAKE	CANDLEWICK LAKE REC CENTER GYM SCHEDULE						
REC. CENTER HOURS		April 1-30, 2023					
Starting November 1, 2022–April 30, 2023	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Front Desk & Regular Fitness Center Hours Monday – Friday 9:00 a.m. – 8:00 p.m. Saturday 9:00 a.m. – 5:00 p.m.		Morning Walking 9:15-10:15	Morning Walking 9:15-10:15	Morning Walking 9:15-10:15	Morning Walking 9:15-10:15	Morning Walking 9:15-10:15	
Sunday 12:00 p.m. – 4:00 p.m. <u>Extended Fitness Center Hours</u> Monday through Sunday 4:00 a.m10:00 p.m. Fee: \$10.00/Month/Per Person	Open Gym <u>12:00-4:00 PM</u>		Kids Gym 10:30 -12:00				
CWL Rec Center		Open Gym <u>10:30-6:00</u>		Open Gym <u>10:30-5:30</u>	Open Gym <u>10:30 - 8:30</u>	Open Gym <u>10:30 –6:00</u>	Open Gym <u>9:00-5:00pm</u>
Member IDs You are required to show your Candlewick Lake ID to enter the fitness center, gymnasium, and pool for any reason other than programs. It will cost all individuals a daily fee of \$3.00 to enter the gym, \$3.00 for the fitness center and \$5.00 at the	<u>GYM CLOSED</u> <u>4:00 PM</u>		Pickleball 1:00 - 3:00				<u>GYM CLOSED</u> 5:00 PM
 pool if you do not have an ID. All guests must be accompanied by a Candlewick Resident. <u>Dog Park Tags/Keys</u> Locks are changed on the gate May 3rd. You must be registered for 2021-2022 season to use the park. Please bring: a copy of your homeowners/renter's insurance declaration page a copy of your dog's rabies vaccination including 		Full Court Bball 6:00 - 8:00 16 years & older	OPEN GYM 3;30-8:00	Pickleball 6:00 - 8:00		Full Court Bball 6:00 to 8:00 16 years & older	<u>3.00 PM</u>
 rabies tag # Dog Park Registration Form, available on website, \$10 for Dog Park Tag \$25 Key Deposit **If you have previously registered your dog for the 		GYM CLOSED <u>8:00 PM</u>	GYM CLOSED <u>8:00 PM</u>	GYM CLOSED <u>8:00 PM</u>	GYM CLOSED <u>8:00 PM</u>	GYM CLOSED <u>8:00 PM</u>	
Candlewick Dog Park you do not need to fill out a new registration form.	-		CWL ID WITH YOU			L(
	YOU MUST CHANGE YOUR SHOES BEFORE ENTERING THE GYM. No one under the age of 14 may be in the Gym without someone 14 or older to supervise them. No street shoes or dark soled tennis shoes or stocking feet are allowed. No pop, food, or gum is allowed. Guest day passes will be available for non-residents for \$3 and will only be sold to anyone who is with a CWL resident who has a proper ID. Liability waivers must be signed by anyone entering gym or fitness center. Minor waivers may only be signed by parent/legal guardian. No full court basketball unless scheduled FAMILY GYM "Family Gym" is designed for the enjoyment of candlewick families. No unaccompanied children.						
Lending Library	<u>OPEN GYM</u> Must be 14 years of age or accompanied by a 14 year old or older.						
Stop by the Rec Center for a book!							



Take a book, leave a book!

We have a great selection of books to choose from in the newly renovated Water's Edge.



CWL Book Club

Join us in the Water's Edge at the **Rec Center** April 13th & 27th 5:30 social lime 6:00 book discussion

Cost: 5 days/\$138 4 days/\$110 3 days/\$83 2 days/\$60 1 day/\$30

Our Summer Camp program consists of fun filled days which include Swimming, Crafts, Group Sports.

Hours are 6:30am-6pm Monday-Friday

Camp start date is June 5th

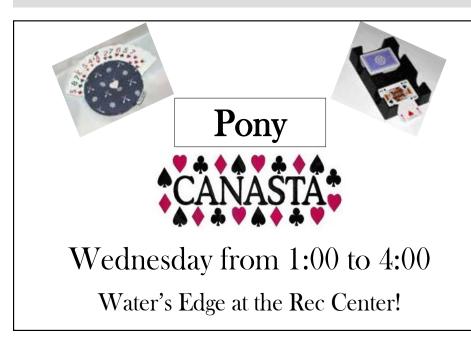
Children must have completed kindergarten to attend our program.

Camp registration will begin May 1st at the Rec Center.

A deposit of the first week of camp is due at registration.

Weekly payments are due on the Thursday prior to weeks attending.

Rec Center





Tuesdays 1:00 – 3:00 p.m. Wednesdays 6:00 – 8:00 p.m.

Rackets & balls available at the Rec Center. Bring a change of shoes to keep the floor clean.



Every Tuesday 10:30 - 12:00

Candlewick Crafters

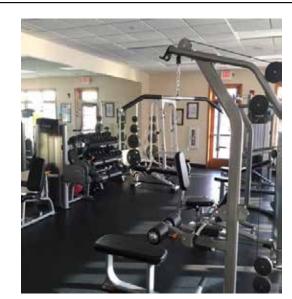
Want to join a friendly group and learn a new skill or simply work on your recent project?



CWL Crafters meet April 10th & 24th

1 p.m. - 4 p.m.

Lakeview Room of the Rec Center.



Fitness Center Orientation Classes

The Rec Center will be offering Fitness Orientation Classes for anyone wanting to know how to properly use the fitness equipment and for resident's ages 16-17 who want to use the Fitness Center without needing a parent present to workout.

CWL Rec Center

This is a fun non-instructional environment for both you and your child to gather and socialize. Parents/caregivers must remain with children and supervise their play.

Equipment such as balls, mats, and toys will be available for your child to play with while you chat with other parents or join in on the fun.

This program is free for Candlewick residents.

Drop in basis no registration is required.

Bring a change of shoes & your CWL ID!

BY APPOINTMENT ONLY

Sign up at the Rec Center front desk.

Class Cost: \$10.00

Your \$10.00 will be <u>forfeited</u> if you are a <u>no show</u> when you have scheduled a class.

If you call the instructor and cancel, you will have a \$10.00 credit.

REMINDER

You Need a State Fishing License as Well as a CWL License to Fish on Candlewick Lake! Get Yours Today!

Community Events



April 7th!

6:30 to 8:30 p.m.

Water's Edge at the Rec Center

Anyone 18 or older!

BYOB & Snack to share





OTHER

ANNUAL INDEPENDENCE DAY FIREWORKS

YOUR DONATION IS NEEDED TO HELP MAKE THE BIGGEST WEEKEND AT CWL A TRULY EXPLOSIVE EVENT

This donation will go towards the 2023 display

Just complete the form, make checks payable to Candlewick Lake, and drop them off at the Administration Office or Recreation Center Activities Desk. Cash donations are also accepted. Now accepting donations year-round! It's easy to make a difference in our community!

Suggested Donation (please circle the amount donated).

DUES REDUCTION RAFFLE

RULES

- 1. The cost of the raffle will be \$5.00 per ticket. There is no limit to the amount of tickets which can be purchased. CASH ONLY
- 2. Tickets will be sold only at the Administration Office and the Recreation Center.
- 3. Tickets <u>will not</u> be sold by individuals. Tickets <u>will not</u> be sold door-to-door.
- 4. The raffle will run from March 1, 2023 through April 17, 2023. Tickets will be available during normal business hours.
- 5. Selected recipients (winners) will have the amount deducted from their Association dues as a credit; no cash or checks will be distributed. This will apply only to the 2023-2024 dues. Should a property owner be in arrears then the amount will be deducted from back dues owed to the Association.
- 6. Raffle to apply to Property Owners only.
- Raffle will be advertised in the CWL newspaper, on the Sunshine Boards, blast emails, website, posters and/or flyers and a notice will be included in the 2023-2024 dues notices mailing.
- 8. A random drawing will be held at the Recreation Center Lakeview Room and is open to all residents during the April 18, 2023 Board of Directors meeting which begins at 6:30pm.
- 9. So as to allow for the most number of recipients, a property owner can only win once no matter how many lots are owned.
- 10. So as to allow for the most number of recipients monies will be distributed as follows: For every \$500.00 in raffle tickets sold a recipient will be selected (i.e., if \$1,500.00 in tickets are sold then 3 recipients will be selected each receiving a \$500.00 dues reduction; if \$1,800.00 in tickets are sold then 3 selected recipients will each receive a \$600.00 dues reduction. If \$2,000.00 in tickets is sold then a fourth recipient will be selected and so forth).

Wine Tasting Get Together

April 29, 2023, 4-6 pm

at the CWL Rec Center

Bring your favorite bottle of wine to share and we will supply the tasting cups and the fun!



Tickets available at the Rec Center April 3-April 26. \$5 per ticket in advance, \$10 after April 26 or at the

door.

Awesome Door Prizes!!!!!

No one under 21 will be permitted to this event!

(If you select OTHER, please indicate the amount donated)

How would you prefer your donation to be noted? Examples. Mr. John Smith; The Smith Family; Smith Realty; In Memory of (fill in the blank); or Anonymous.

PLEASE PRINT YOUR PREFERENCE BELOW:

All donations (names only, not dollar amount) will be displayed at the Recreation Center & in the August CWL newspaper

Should you have any questions please contact Kathi Smith, Events Chairperson, at 815-339-0500 x205 OR ksmith@candlewicklake.org.

Thank You for Your Support of Candlewick Lake and Its Events!

Donations for 2023 Fireworks MUST be in by June 15. Anything received after this date will go towards 2023 Fireworks11!



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MORE LISTINGS NEEDED!

#1 LISTINGS AND SALES

• List with an Agent that cares about Candlewick Lake and will sell your property for top market value!

Chuck Romano

6277 RIVERSIDE BLVD.

ROCKFORD, IL 61114

815-543-8280

Candlewick Lake Specialist &

chuckr@dickersonnieman.com dickersonnieman.com/chuckromano

DICKERSON & NIEMAN REALTORS

Resident Realtor (38 Years)

• Rentals and Listings Needed



101 Staffordshire Drive NE | Poplar Grove



213 Liverpool Drive | Poplar Grove, IL





Community Events

Candlewick Garden Club

and a second

Invites the community to a presentation on

Saturday, April 8, 2023 at 10 am

Rec Center, Water's Edge Room

"No dig gardens"

No dig gardens are great in an area of heavy clay soil like ours. The layers improve the soil by adding organic amendments, such as compost. Another benefit to this approach is that it is less likely to foster weeds.

Also learn to

Propagate Houseplants

And receive

Community Garden Info

And

Order plants from Harlem High School

Questions? Email: Candlewickgardeners@gmail.com

BELVIDERE CEMETERY ASSOCIATION "Established 1847"





CANDLEWICK LAKE GARAGE SALES

Friday, May 19th 9AM-6PM Residents & Their Guests Saturday, May 20th

> 9AM-4PM Open to the Public **Sunday, May 21st** 12-4PM Open to the Public

CANDLEWICK LAKE COMMUNITY GARAGE SALES May 19th, 20th, & 21st 2023

Deadline until 5/14/2023

Please be sure to list items for sale to help draw customers to your sale Questions, contact 815-339-0500 ext. 300 or recenter@candlewicklake.org

Please print all information.

Name: ____

Address:

Phone #: _____

E-Mail:_____

Location of Sale:

(if different than address above)

List any unique or large items that you will be selling, that you would like to have featured:

Please do not exceed this space

KELLERWILLIAMS. REALTY

4201 Galleria Dr., Loves Park, IL 61111 700 Logan Ave., Belvidere, IL 61008

Cell: 815-978-4081 Email: tammypotter4@kw.com



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 Memorial Markers
- Cremation Burials
- Columbarium Niches
- Affordable Prices Park-like Setting

Frank Lloyd Wright Pettit Memorial Chapel on Cemetery Grounds

belviderecemetery@comcast.net

1121 N. Main St. - Belvidere 815-547-7642

The Harley Ridin Realtor

Tammy Potter

Behling

- Resident of Candlewick Lake
- FREE, no obligation current market analysis to find out what your home may sell for.
- FREE, no obligation buyer consults. I'll go over the buying process and how you can get money to help with a down payment.
- Moving out of state? Ask me how I can help you find an experienced agent anywhere.
- Full time real estate broker: Top 20% producer at Keller Williams Realty Signature
- Member of both Rockford area MLS system and Chicago area MLS system.

- In the real estate industry since 2006. Prior to my real estate career, I was a legal assistant for 18 years.
- Download my real estate search app to find homes for sale in CWL or homes for sale anywhere in the US! (below)

SEARCH HOMES FOR SALE! Text KW2KEKDLX to 87778



Profile linkedin.com/in/ tammy-potterbehling-b0782895



Information

From the Table - Just a Bite

By S.L. Bartels, Drew Ct. **Endless PASTA-bilities**

You know that I love to cook and I love to eat. But I even love to shop at grocery stores. I enjoy strolling down the aisles looking for new products, interesting ingredients and bargains!

My love of walking the aisles began years ago in a wonderful store in Elgin called Gromers. It was a family owned store that was decades ahead of the times.

- In the 70's they were open 24/7
- Services available at their Customer Service Counter included:
- US Postal Services and products
- The ability to pay utility bills
- They had:
 - an extensive soup and salad bar
 - an in store bakery that produced all their delicious baked goods
 - a stand where customers were able to buy ice cream by the scoop
- · And best of all, a seating area with tables and chairs, to sit, relax and enjoy a cup of coffee and a snack.

My sister and I lived in different towns and worked different shifts, but we would meet half way at "the all night Gromers" where we would walk the aisles shopping for necessities and bargains; then grab a cup of coffee, a pastry and sit and chat for a while before checking out at the register and heading to work or home.

A lot of the services that Gromers' offered are now standard in most grocery stores along with even more new and unique products from around the globe. What's lacking these days are bargains. So, I stretch my food budget by including more pasta/noodles in our meals.

Pasta is generally inexpensive, comes in a variety of shapes and has a long shelf life. It's versatile and adaptable. It can be used in appetizers, soups, salads, as well as main dishes and desserts; plus it's is a comfort food!

Most cultures claim some form of noodle dish. The primary noodle ingredient may vary however: wheat, rice, buckwheat, egg, semolina, potato starch etc.

The recipes I offer today use Italian pasta which is made from semolina and/or durum wheat flours which is one of the reasons this type of pasta holds its shape so well during the manufacturing and cooking processes.

This type of pasta is formed into hundreds of different shapes. The different sizes and shapes of the pastas help determine their best uses and best sauces with which to pair them. Longer pastas pair well with smooth sauces. Shorter pasta shapes pair better with chunkier sauces.

1 small onion, diced (1 cup)

3 stalks celery, chopped (1 cup)

1-15-ounce can great northern beans (with liquid)

1-12-ounce can V-8 juice

1/2 teaspoon dried thyme

1 1/2 teaspoons salt

1 teaspoon dried basil

2-14.5-ounce cans diced tomatoes

The first recipe is based on one of the signature soup dishes at Olive Garden.

Pasta e Fagioli Serves 8

Ingredients:

- 1 pound ground beef
- 1 large carrot, julienned (1 cup)
- 2 cloves garlic, minced
- 1-15-ounce can red kidney beans (with liquid)
- 1-15-ounce can tomato sauce
- 1 tablespoon white vinegar
- 1 teaspoon dried oregano
- 1/2 teaspoon ground black pepper
- 1/2 pound (1/2 pkg.) ditalini pasta

Instructions:

- Brown the ground beef in a large saucepan or pot over me-1. dium heat. Drain off most of the fat.
- Add onion, carrot, celery and garlic and sauté for 10 minutes. 2.
- 3. Add remaining ingredients, except pasta, and simmer for 1
- hour. About 50 minutes into the simmering, cook the pasta in $1 \frac{1}{2}$ 4.
- to 2 quarts of boiling water over high heat. Cook for 10 minutes or just until the pasta is al dente, or slightly tough. Drain.
- Add the pasta to the large pot of soup. Simmer for 5 to 10 minutes more and serve.

Shrimp Scampi Pasta

(Serves 4)

Ingredients: 1/4 cup olive oil

- 1 lb. peeled large shrimp (raw: 20-25 per lb.)
- 4 large garlic cloves, left unpeeled and forced through a garlic press

1/2 tsp dried hot red pepper flakes (or to taste)

- 1/2 cup dry white wine
- 1 tsp salt
- 1/2 tsp black pepper
- 5 tbsp. unsalted butter
- 3/4 lb. capellini (angel-hair pasta)

1/2 cup fresh flat leaf parsley

Instructions:

- Bring a 6-8-quart pot of salted water to a boil. 1.
- Meanwhile, heat oil in a 12 inch heavy skillet over moderately high heat until hot but 2. not smoking. Sauté' shrimp, turning over once, until just cooked through - about 2 minutes. Transfer with a slotted spoon to a bowl.
- 3. Add garlic to oil remaining in skillet along with red pepper flakes, wine, salt and pepper. Cook over high heat, stirring occasionally for 1 minute. Add butter to the skillet, stirring until melted and then stir in the shrimp. Remove skillet from heat.
- 4. Cook pasta in boiling water until just tender- about 3 minutes. Reserve 1 cup pasta cooking water, and then drain pasta in a colander.
- 5. Toss pasta well with shrimp mixture and parsley in a large bowl, adding some of the reserved cooking water if necessary to keep moist.

There are many options out there to stretch your meals using pasta. Bon appetit!

What's your PASTA IQ? 1. Which of these types of pasta are sold in nests?

- A. Fusilli B. Bucatini C. Tagliatelle D. Fettuccine 2. Why should you add salt to the water when you are cooking pasta?
- A. The water will boil faster B. The salt adds flavor to the pasta
- C. The pasta will cook faster D. All of the above
- 3. Tricolor pasta is traditionally made red and green by which of these ingredients.
- A. Red pepper & basil C. Tomato & spinach
 - B. Red cabbage & parsley D. Paprika &oregano
- 4. Which of these pastas does not have a filling?
- C. Mezzelune D. Agnolotti A. Gnocchi B. Ravioli
- 5. Which of these tube shaped pastas is the largest?
- D. Ziti A. Manicotti B. Rigatoni C. Penne
- True or False
- 6. The singular word for spaghetti is spaghetto?
- 7. Fresh pasta takes longer to cook than dried pasta?
- 8. The pasta company Barilla invented cavatappi?
- 9. Dried pasta has a shelf life of 6 years?
- 10. Chef Boyardee was a real person?





Next is an easy and tasty seafood dish. If you do not like to clean and peel the shrimp, peeled and deveined shrimp can be found in most grocery stores so you can avoid that task and make the meal preparation even easier and faster.

PROTECT OUR WATERS STOP AQUATIC HITCHHIKERS. KEEP YOUR WINTER FISHING GEAR CLEAN, ESPECIALLY IF YOU FISH OTHER

LAKES/WATERS.

LAKE MANAGEMENT COMMISSION MEMBERS THANK YOU

Information

Parks are open from Dawn to Dusk. Dawn is 30 minutes before sunrise, Dusk is 30 minutes after sunset.

April	Sunrise	Sunset	
1	6:38 AM	7:20 PM	
2	6:36 AM	7:20 PM	
3	6:34 AM	7:22 PM	
4	6:32 AM	7:23 PM	
5	6:31 AM	7:24 PM	
6	6:29 AM	7:25 PM	
7	6:27 AM	7:20 PM	
8	6:26 AM	7:27 PM	
	••		
9	6:24 AM	7:29 PM	
10	6:22 AM	7:31 PM	
11	6:21 AM	7:32 PM	
12	6:19 AM	7:33 PM	
13	6:17 AM	7:34 PM	
14	6:16 AM	7:35 PM	
15	6:14 AM	7:36 PM	
16	6:13 AM	7:37 PM	
17	6:11 AM	7:39 PM	
18	6:09 AM	7:40 PM	
19	6:08 AM	7:41 PM	
20	6:06 AM	7:42 PM	
21	6:05 AM	7:43 PM	
22	6:03 AM	7:44 PM	
23	6:02 AM	7:45 PM	
24	6:00 AM	7:46 PM	
25	5:59 AM	7:48 PM	
26	5:57 AM	7:49 PM	
27	5:56 AM	7:50 PM	
28	5:54 AM	7:51 PM	
29	5:53 AM	7:52 PM	
30	5:52 AM	7:53 PM	

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of Illinois

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1 in 3 American adults is at risk for kidney disease. Are you the one?

Free Kidney & Diabetes Screening!

Please go on our website at <u>https://mobilescreening.nkfi.org/preregistration</u> or scan the QR code to pre-register and complete your questionnaire prior to screening!

MUST BE 18 YEARS OR OLDER – WALK-INS ARE WELCOME

Location:	Keen Age Center Community Room	
	2141 Henry Luckow Lane	
	Belvidere, IL 61008	\$\$ <mark>⇔</mark> \$
Date:	Thursday - April 27, 2023	
Time:	12:00pm - 4:00pm	SCAN ME

blood pressure · blood sugar* · body mass index (BMI) · waist circumference · urinalysis** · blood draw (if necessary) · talk about your results with a health care professional



For more information, contact the National Kidney Foundation of Illinois at (312) 321-1500 or www.nkfi.org.

*Fasting not required

**Urine sample will be required

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1 de cada 3 adultos estadounidenses está en riesgo de desarrollar enfermedad renal. Está usted en riesgo ?

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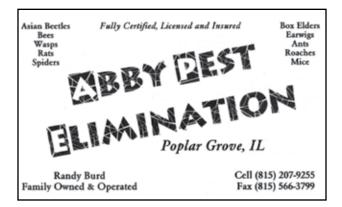
Visite nuestro sitio web <u>https://mobilescreening.nkfi.org/preregistration</u> o escanee el código QR para preinscribirse y llenar el cuestionario antes de el examen.

MAYORES DE 18 AÑOS - TAMBIÉN SE ADMITEN PERSONAS SIN CITA PREVIA

Lugar: Keen Age Center Community Room



No wake begins at sunset time listed.



2141 Henry Luckow Lane

Belvidere, IL 61008

Fecha: Jueves - 27 de Abril del 2023

Hora: 12:00pm a 4:00pm

presión arterial · azúcar sanguínea* · índice de masa corporal (IMC) · circunferencia de la cintura · análisis de orina** · extracción de sangre (si es necesario) · consulta con un profesional de la salud







Para más información contacte a la Fundación Nacional del Riñón de Illinois Tel: (312) 321-1500 | Web: www.nkfi.org.

*No se requiere ayuno **Se requerirá prueba de orina

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	1.50	1.75	2.00	2.25	
	2.75	3.00	3.25	3.50	
	4.00	4.25	4.50	4.75	
	S5 standard 3	line ad (up to	25¢ per	additional word	
	15 words)	the ne (up to	☐ 15¢ each	bold word	
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Disclaimer 📓			Large prir	nt (14pt.) \$1.00 lin	e (max 1) spaces)

 Image print (14pt.)
 \$1.00 line (max 11 spaces)

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April Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 AM AA Meeting Outpost 9:00 AM Caledonia Road Cleanup 11:00 AM Lunch w/The Easter Bunny Rec Center
2	3 6:30 PM Events Commission Rec Center	4	5 6:00 PM Golf Commission Meeting Rec Center 6:30 PM ECC Meeting Admin Office 7:00 PM AA Meeting Outpost	6 Yard Waste Pickup Begins	7 Savannah Oaks Golf Course Opens for the Season (weather permitting) 6:30 PM Bunco Rec Center	8 8:00 AM AA Meeting Outpost 10:00 AM Candlewick Garden Club Rec Center 8:00 PM Pub Trivia Savannah Oaks
9	10 1:00-4:00 PM Candlewick Crafters Rec Center 6:30 PM Public Safety Rec Center	11 5:00 PM Ladies' Golf Club Meeting Savannah Oaks 6:30 PM Lake Management Rec Center	12 7:00 PM AA Meeting Outpost	13 5:30 PM Book Club Meeting Rec Center	14 7:30 PM Bingo Savannah Oaks	15 8:00 AM AA Meeting Outpost 10:00 AM Men's Night Out Golf Club Meeting Savannah Oaks 4:30 PM Volunteer Appreciation Dinner Rec Center
16	17 Dues Raffle Sales End 5:30 PM Finance Admin Office	18 6:30 PM Board Meeting & Dues Raffle Drawing Rec Center	19 6:30 PM ECC Meeting Admin Office 7:00 PM AA Meeting Outpost	20	21	22 8:00 AM Community Cleanup Day 8:00 AM AA Meeting Outpost
23 8:00 AM Community Cleanup Day Rain Date 30	24 1:00-4:00 PM Candlewick Crafters Rec Center	25	26 11:00 AM Communications Admin Office	27 5:30 PM Book Club Meeting Rec Center	28 7:30 PM Bingo Savannah Oaks	29 6:30 PM Wine Tasting Rec Center

		Mı	<u>ay Calen</u>	<u>idar</u>		
Sunday	Monday 1 6:30 PM Events Commission Rec Center	Tuesday 2	Wednesday 3 6:00 PM Golf Commission Meeting Rec Center 6:30 PM ECC Meeting Admin Office	Thursday 4 5:30 PM Book Club Meeting Rec Center	Friday 5 6:30 PM Bunco Rec Center	Saturday 6 8:00 AM AA Meeting Outpost 11:00 AM-12:00 PM Q & A Session Water's Edge Room Rec Center
7	8 1:00-4:00 PM Candlewick Crafters Rec Center	9 6:30 PM Lake Management Rec Center	10 6:30 PM Public Safety Rec Center 7:00 PM AA Meeting Outpost	11	12	13 8:00 AM AA Meeting Outpost 9:00 AM Citation Review Rec Center
14	15 5:30 PM Finance Admin Office	16 6:30 PM Board Meeting Rec Center	17 6:30 PM ECC Meeting Admin Office 7:00 PM AA Meeting Outpost	18 5:30 PM Book Club Meeting Rec Center	19 9:00 AM-6:00 PM Community Garage Sales Open to Residents & Their Guests	20 8:00 AM AA Meeting Outpost 9:00 AM-4:00 PM Community Garage Sales Open to Public
21 12:00 PM-4:00 PM Community Garage Sales Open to Public	22 1:00-4:00 PM Candlewick Crafters Rec Center	23	24 7:00 PM AA Meeting Outpost	25	26 7:30 PM Bingo Savannah Oaks	27 8:00 AM AA Meeting Outpost
28	29 MEMORIAL DAY	30	31 11:00 AM Communications Admin Office			

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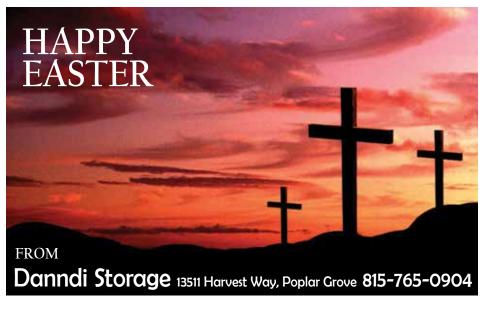
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12 APRIL 2023 Candlewick Leisure

Answers to Pasta IQ Quiz

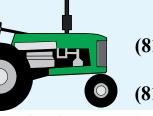
- 1. C Rolling delicate tagliatelle into nests helps prevent the noodles from breaking.
- 2. D Adding salt has many benefits, including flavoring the pasta. Use about one to two tablespoons of salt per pound of pasta.
- 3. C The pasta gets its color from tomato concentrate and spinach powder.
- 4. A Gnocchi dough is made from potato but isn't traditionally stuffed with anything
- 5. A These large pasta tubes are typically stuffed with ricotta cheese.
- 6. True- When a word ends in an "I" in Italian, it generally indicates more than one.
- 7. False Fresh pasta is more tender so it cooks in less time.
- 8. True The company came out with the corkscrewshaped pasta in the 1960s.
- 9. False Most dried pasta has a shelf life of two years.
- 10. True Hector Boiardi and his brothers started the company in 1928. He decided to spell his last name phonetically on the labels so buyers would have an easier time pronouncing it.





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