Vol. 39, No. 5

CANDLEWICK LEISURE

Candlewick Garden Club

Article & photos by Dale Miedema, Communications I guess you could say our Garden Club is in its infancy, having been formed just last April, but Paula Kurpeski, as the group's "Learning Leader" lined up a great learning experience for April. Their first presentation this spring was quite informative, and well attended with over 30 people. The meeting began with Dave Wiltse, a current board member, speaking to the group about how the county will be helping with the cleaning up of lots owned by the county in CWL, with clearing of trees and such. The next speaker was Rockford resident, Libby Parker, to speak on the mystery of "No Dig Gardening," who explained that this form of gardening was called Hugelkultur back in Germany. She came very well prepared with a demonstration of how to build the garden above the ground with several layers of leaves, dirt, and even kitchen waste. She had many pics of her fine garden, so I guess it works.

The next speaker was Natalie Bader, Project Leader and instructor at Harlem High School, who spoke about how you can take just a slice of one houseplant, and if you do it properly, you will have another plant. She even went on to explain that when our mothers cut the "eyes" out of potatoes, they could have been replanted for another potato plant. She also brought many plants that residents could properly cut and replant in their yards.

The club will be meeting the second Saturday of the month at the Rec Center with many interesting presentations planned for the summer. Contact the club for more information at candlewickgardeners@gmail.com. Kathy Batzkall is the Communications Leader for the club.

I thought it was a very interesting morning with lots of residents' participation.. Hope it keeps going.

Photos clockwise from top: 1) Residents cut stems for planting at home. 2) Plants provided by Natalie Bader for the separate and duplicate segment. 3) Libby Parker instructed the group on "No Dig Gardening."



SAVE THE DATE 2023

Garage Sales May 19, 20, & 21 Independence Day Celebration July 1 Concert in the Park July 23 Karaoke and a Bonfire August 19 Fall Garage Sales September 15, 16, & 17 Fall Vendor Fair September 23 Glo Go Run September 30 (Savannah Oaks) Fall Festival October 21 Turkey Bingo November 10 Breakfast with Santa December 16 Holiday Light Judging December 18 Winterfest January 13 Bunco the 1st Friday of the month

SUNDAY JUNE 18TH

TOURNAMENT

KID'S FISHING

REGISTRATION STARTS AT 8-45 A.M. FISHING WILL BEGIN AT 9:00 A.M. FISHING ENDS AT 10:30 A.M. REMEMBER TO RETURN YOUR CATCH LIST TO THE SIGN-IN TABLE THIS IS KIDS FISHING ONLY- NO HELP FROM ADULTS EXCEPT TO UNHOOK EISH & BAIT HOOKS & A PARENT GUARDIAN MUST BE PRESENT AT ALL TIMES. THIS YEAR AGAIN, THE AGE GROUPS ARE: 3-6 YEARS 7-9 YEARS 10-13 YEARS 10-13 YEARS 14-16 YEARS

EFRESHMENTS WILL BE AVAILABLE WHILE WE TOTAL THE CATCH INY QUESTIONS, CALL CHUCK HART (615)-520-1796 DESCRIPTION OF COMPARENT COMMISSION

May 2023

Amenities

2023/2024 Amenity Information Watercraft Registration & Renewals Email documents to cwl@candlewicklake.org

Boats & Personal Watercraft (Jet-skis/Waverunners)

Mail, email, or drop off your current registration, proof of \$100,000.00 liability insurance.

and the completed watercraft registration form and a new decal will be issued. Maximum boat length is 20' and there is a 90 HP limit on all motors operating on the lake.

There is no charge for the decal. All watercraft not registered to your Candlewick Lake address in 2022 must be inspected by Public Safety before it goes on the lake. All motorized watercrafts are required to be registered, have a new decal displayed every year, and have the member's unit and lot number preceded by CWL displayed on both sides of the watercraft.

Guest watercraft are not allowed.

Canoes, Kayaks and other Non-Motorized Watercraft

Non-motorized watercraft that are not required to be registered with the State, must display the member's unit and lot number preceded by CWL on both sides of the watercraft. You do not need to register non-motorized watercraft at the office. Candlewick decals are not required for non-motorized watercraft.

Storage Site Renewal Email documents to cwl@candlewicklake.org

Mail, email, or drop off your completed registration form, payment, along with registrations

for each item stored in the storage area and a new decal will issued. A current year's decal must be displayed on all items.

Storage Site locks will be changed on May 1st. Please renew your storage site and exchange your key.

Large sites - Yearly Rental \$200.00 Small sites - Yearly Rental \$155.00

Boat Dock Rental

Marina Docks \$500 per season Stationary Docks \$325 per season

\$25 Key Deposit

To be put on the waiting list, please contact the Administration Office

Dog Park Registration

The dog park is located by the Outpost. All dogs must be registered and have a dog park tag and a key to enter. The tags and keys are available at the Recreation Center. The lock will be changed on May 2nd.

Dog Tag \$10.00/Annually plus a \$25 Key Deposit You must provide:

A copy of your homeowner's/renter's insurance

A copy of your dog's rabies vaccination including rabies tag number

Dog Park Registration Form

Extended Fitness Memberships

Residents may use the Fitness Center during regular hours of operation by presenting a valid Member ID card.

Extended Membership hours are 4:00 am – 10:00 pm daily. You must be 18. Sign up at the Recreation Center.

\$10.00/month per person

You must have a change of shoes to use the Fitness Center and Gym.

Savannah Oaks Golf Course

Please call ahead for a tee time. 815-339-0500 Ext. 410

Guest Fishing Passes Email pass request form to cwl@candlewicklake.org Anyone age 16 and over is required to always have an Illinois Fishing License and a Candlewick Guest Fishing Permit in their immediate possession while fishing at Candlewick Lake. Active-duty military personnel and disabled veterans need to present a Military ID in lieu of an Illinois Fishing License and Candlewick Guest Fishing Pass. Mail or email completed pass request form along with check made payable to CWL. Annual Pass (Valid May 1st - April 30th) \$30.00 each - Limit 4 per household Daily Pass \$10.00 each - Limit 5 per day

Three Day Pass (Consecutive Days) \$15.00 – Limit 5 per day

Guest Pool Passes Residents must be with their guests while at the Candlewick Lake Pool.

Children age 9 and younger must be accompanied by a chaperone that is at least 16 years old.

Annual Pass (Valid May 28th - September 5th) \$30.00 each - Limit 4 per household Daily Pass \$5.00 each Your Member ID serves as your Resident Pool Pass. A complete list of rules and regulations can be found at candlewicklake.org.

2023/2024 Member ID Card Information

It is not necessary to renew your Member ID card if your Member ID card has your bar code printed on it. The following amenities will be included with your dues and will re-

quire a Member ID card. Your Member ID card must be presented at the time of service. If you do not have your Member ID card, additional fees may apply. All members of

your family residing with you and wishing to use these amenities will be required to get a Member ID card.

(A Member ID card will not be issued to children under age 3.)

Resident Pool Pass Resident Fishing Pass

Resident Green Fees

Resident Gym Pass

Fitness Center Boat Decals Snowmobile Decals ATV Decals (for operation on the ice only)

Your member ID is also available on the Candlewick app.

Waiver Forms

A waiver form must be on file if you, your children, or your guests wish to use the pool, fitness center, gym, or participate in any classes or camps. All guests under the age of 18 must have the waiver form signed by their parent or legal guardian. Waiver forms that are already on file are still valid. Contact the Recreation Center for more information. Blank waiver forms are available online, at the Recreation Center, and at the Administration Office.

Building Hours Recreation Center (May-October)

Monday – Friday Saturday Sunday

9:00 AM - 8:30 PM 9:00 AM - 5:00 PM 12:00 PM - 5:00 PM



Candlewick Lake Association, Inc. Telephone Numbers

Administration Office Public Safety Office Recreation Center Savannah Oaks Clubhouse Pool Administration Fax # Maintenance **Report an Incident** Visitor Call In

815-339-0500 815-339-0500 815-339-0500 815-339-0500 815-339-0500 815-339-0501 815-339-0500 815-339-0503 815-339-0311

By dialing 815-339-0500, you will be able to reach the Administration, the Public Safety Office, Recreation Center, or Savannah Oaks Clubhouse. Please make a note of these numbers.

Friday, May 26th at 7:30pm



Savannah Oaks

Savannah Oaks: "A place for fun for everyone" Come Join Us!!

by Lynn Pehanich

Savannah Oaks Golf Course and Clubhouse activities are in "full swing." So much to do!!!

Our goal is to provide a quality golf experience for novice and expert players alike, and to utilize our clubhouse facility for community events that residents (both golfers and non-golfers) of all ages can enjoy.

MAY EVENTS: CINCO DE MAYO - drink specials, taco bar, raffle and Friday, May 5th: games 12:00 pm - closing. GOLF OUTING #1 - 2-person, 18-hole scramble. Starts at Saturday, May 6th: 11:00 am. \$30 Entry fee. Kentucky Derby – race starts at 5:57 pm Saturday, May 6th: BINGO at 7:30 pm Friday, May 12th: Thursday, May 18-May 21: 2023 PGA Golf Tournament on TV Pub Trivia at 8:00 pm Saturday, May 20th BINGO at 7:30 pm Friday, May 26th: GOLF OUTING #2 - 4-person, 18-hole scramble with a Saturday, May 27th: Vegas Spin. Starts at 10:00 am. \$30 Entry fee. Great way to start your holiday weekend!

GOLF OUTINGS FOR 2023

Based on feedback from our residents, we have structured our golf outings a little differently for 2023. The number one goal is to have full participation by golfers of all skill levels, have fun, and enjoy a good meal and fellowship of other players. We still will have competition at each outing, but it will be more inclusive and enable us to reduce the entry fee and upgrade the quality of the food included.

Depending on the number of participants, the field is usually split into two groups: 1) Men 18 - 64 2) Ladies and Seniors.

So, hope you'll sign up for our first outing on May 6th. Sign up sheet is in the clubhouse.

WHAT'S NEW AT SAVANNAH OAKS? Meet our New Clubhouse Manager: Alex Leske



"This is the first job I've had in which I truly love going to work", says our Savannah Oaks Clubhouse Manager, Alex Leske. "Every day is different and looking forward to being a part of the new opportunities and growth potential Savannah Oaks has to offer."

At age 26, Alex comes to Savannah Oaks with a food service background, managing a Subway sandwich franchise for five years. He started working part-time as a bartender at Savannah Oaks last year on a recommendation from a "friend of a friend" of then bartender, Drake. When the club manager's job opened in February 2023, Alex felt like "opportunity was

knocking" and jumped at the coveted position.

Alex explains that he is very appreciative of the Savannah Oaks management team that supports his efforts, which includes CWL Assistant General Manager, Chuck Corso and Randy Alberts. In Chuck's new position, he works with Alex to oversee the continued improvements to the clubhouse and golf course offerings. Chuck acts as liaison to the Golf Commission and communicates directly with the CWL General Manager and Board of Directors. Randy's title is IT Manager/Communications and Purchasing. Randy has been instrumental in getting the new software up and running, as well as helping with the training of the staff at the Savannah Oaks clubhouse.

With recent new hires, Alex believes he now has a full clubhouse staff in place to meet the needs of his patrons.

When not at Savannah Oaks, Alex enjoys playing basketball and spending time with

Savannah Oaks Clubhouse Hours <u>May-September</u>

Sunday - Wednesday 8 AM – 9 PM Thursday - Saturday 8 AM – 10 PM

****Clubhouse Hours unless otherwise posted for event.**



Savannah Oaks Youth Lessons Ages 9-15 Every Thursday 10am-12pm starting June 15th \$10 per child, per week - Hotdog or pizza lunch is included

Sign up at Savannah Oaks starting April 7th

*Participants must have their own golf clubs

Savannah Oaks Season Opener Golf Outing Saturday, May 6th Tee off at 11am 18-Hole Two Person Scramble

his girlfriend and his two dogs and two cats. Sounds like a nice life!! They are excited to be moving to a new home in Belvidere very soon.

What stood out to me while talking with Alex is his great attitude and willingness to try new things.

New Menu Items

Speaking of trying new things – we have some new items on our food menu including a Hamburger and Grilled Chicken Sandwich. These are in addition to hotdogs, brats, beef sandwiches, big pretzel, nachos and our ever-popular pizza!

Other new items under consideration include a slushy machine for ice-cold drinks and a fryer. Could this mean french fries and chicken wings? Stay tuned.... Also New:

The black and white 150-yard markers on every hole of the course. **MARK YOUR CALENDARS for JUNE:**

YOUTH LEAGUE/LESSONS – Will begin Thursday, June 15th 10:00 am – 12:00 pm. Meets every Thursday with a season ending tournament on August 5th. Each session is \$10 and includes lessons, food and drink. Kids 9-15 are welcome! Watch for sign-up sheet in the clubhouse.

GOLF PUNCH CARDS:

Hey, you frugal golfers! Be sure to get your Punch Card. The punch card is for 10 rounds of golf with a cart and costs \$70. You save \$10.

TEE-TIMES:

Use the Candlewick Lake Mobile App or call the clubhouse to secure tee-times. Reserving a tee-time holds your time slot and assures cart availability. Please arrive at least 20 minutes before your tee-time to check in.



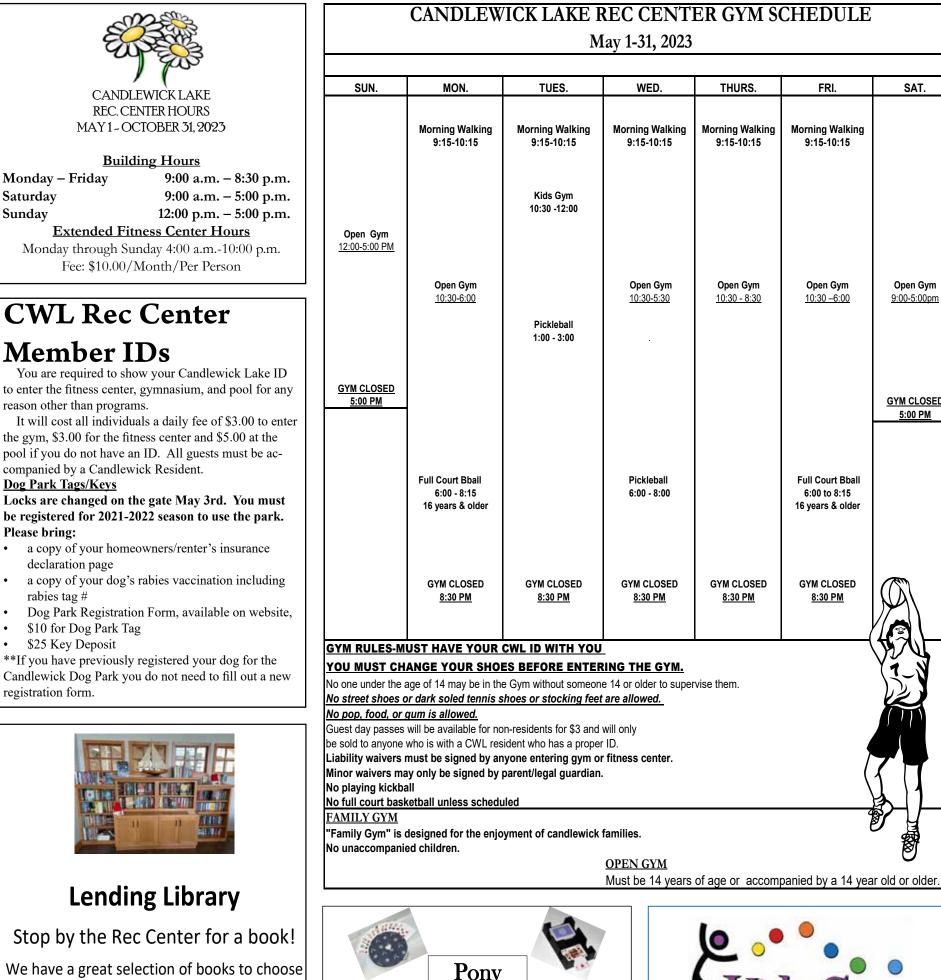
Savannah Oaks Memorial Day Golf Outing Saturday, May 27th at 10am

18- Hole 4 Person Las Vegas Scramble -

Before play begins, assign a number from one to four to each member of your 4-person team. At each tee, all four members tee off, then the 6-sided die is thrown or rolled. Check the number that comes up on the die. If it is a 1, 2, 3 or 4, then the drive of the team member whose number matches must be used on that hole. If the die comes up 5 the best drive is used or 6 the worst drive is used.

30 per person lunch, golf cart & prizes included

Rec Center





THURS.

Morning Walking

9:15-10:15

Open Gym

<u>10:30 - 8:30</u>

GYM CLOSED

8:30 PM

SAT.

Open Gym

9:00-5:00pm

GYM CLOSED

5:00 PM

FRI.

Morning Walking

9:15-10:15

Open Gym

10:30 -6:00

Full Court Bball

6:00 to 8:15

16 years & older

GYM CLOSED

8:30 PM

Every Tuesday 10:30 - 12:00

Take a book, leave a book!



from in the newly renovated Water's Edge.

CWL Book Club

Join us in the Water's Edge at the **Rec Center** May 11th & 25th 5:30 social lime 6:00 book discussion

Wednesday from 1:00 to 4:00 Water's Edge at the Rec Center!

Candlewick Crafters

Want to join a friendly group and learn a new skill or simply work on your recent project?



CWL Crafters meet May 8th & 22nd

1 p.m. - 4 p.m.

Lakeview Room of the Rec Center.

CWL Rec Center

This is a fun non-instructional environment for both you and your child to gather and socialize. Parents/caregivers must remain with children and supervise their play.

Equipment such as balls, mats, and toys will be available for your child to play with while you chat with other parents or join in on the fun.

This program is free for Candlewick residents.

Drop in basis no registration is required.

Bring a change of shoes & your CWL ID!

REMINDER

You Need a State Fishing License as Well as a CWL License to Fish on Candlewick Lake! Get Yours Today!

Rec Center

2023 Pool Rules

All guests must follow the direction of facility staff at all times.

- Children under the age of ten (10) must be supervised by someone sixteen (16) years old & up.
- Bathers with any contagious disease or infectious condition are not allowed in the water. Bathers with any open cuts or abrasions are not allowed in the water.
- Guardians are responsible for supervising children. Lifeguards are responsible for rule enforcement and responding to emergencies.
- Individuals may lose their swimming privileges due to pool rule infractions.
- Swim test must be passed to use the deep end and the slide. Swimmers must be able to swim free style a crossed and back in the deep end. Dog paddling does not qualify as swimming.

Proper swim attire

- Proper swimming attire is required in the pool. Swimsuits MUST have a proper lining.
 NO cutoffs or shorts without lining. T-shirts ok, especially in sunburn situations.
- Children not toilet trained MUST wear a swim diaper or tight fitting re-useable rubber swim pants or plastic pants.
- Only CLEAN footwear (flip flops ok on deck), baby strollers, and wheelchairs are allowed on the pool deck or in the bathhouse. No street shoes on the deck.
- Only CLEAN swim shoes or aqua socks are allowed in the water.

Facility Rules

- All bathers/swimmers are encouraged to shower before entering the water. Bathers may be required to shower as determined by the staff.
- The pool will close for ten minutes every hour if deemed necessary. Kids have to sit away from the pool. Adult swims are no longer permitted.
- No alcohol is permitted. Intoxicated individuals are not permitted.
- Food, drink and GUM are not allowed inside the pool areas. Water is an exception. No glass containers allowed.
- Smoking is allowed in designated areas only. 15 feet from the entrance.

Pool Behavior

- Stay clear of and do not converse with lifeguards who are guarding the water, go to the admissions counter with concerns or first aid needs.
- We have ZERO tolerance for foul language/behavior, rough play, and disrespect towards guests or staff.
- WALK on the pool deck.
- No dunking or horseplay. No chicken fights or giving shoulder rides.
- Do not walk in, stand in, or jump from the pool gutters.
- No diving in the shallow end.
- No flips off the side of the pool.
- Swimmers must go into the water facing it-no back dives or back flips or jumping backward.
- No cartwheels or hand stands into the pool.
- Ladders and stairs are for exiting/entering the pool, not hanging on. No hanging on the rope.
- Actions that are unsafe or a nuisance to others will be determined and restricted by staff. Acceptable Water Toys
- PFD, water wing, noodle and inflatable ring users must be supervised and children must be within arm's length of an adult AND in the shallow water only.
- Floatables, toys and balls are subject to use restriction. **Only squish & beach balls allowed.** No squirting toys. Toys must be swim toys. No snorkels. Masks & goggles are ok-no diving in with them on.

Slide Rules

- The slide will be open from 30 past the hour to 45 past the hour.
- Must be a proficient swimmer and pass the swimming test.
- One person on the slide at a time. People waiting must stay on the pool deck.
- All riders must enter the pool feet first.
- Swim to the ladder after your ride.
- No catching children at the bottom.
- Flotation devices and toys are not allowed on the slide.
- Riders are discouraged from wearing goggles.

Baby Pool Rules

- An adult must be with the child.
- Child must be under 5 years of age and 42" or shorter.
- Children not toilet trained MUST wear a swim diaper or tight fitting re-useable rubber swim pants or plastic pants.

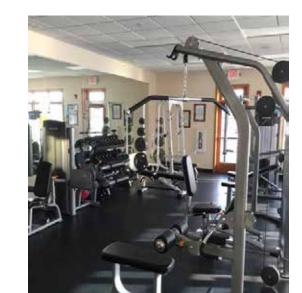
Possibility for Pool Closing

• The pool will close when thunder is heard or lightning seen. It will stay closed for 30 additional minutes after the last thunder/lightning was detected.

Monday	12:00 PM to 6:00 PM Open Swim
	6:30 PM to 7:30 PM Lap Swim & Deep Water Tabata
Tuesday	12:00 PM to 6:00 PM Open Swim
Tuesuay	6:00 PM to 8:00 Family Swim
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Wednesday	12:00 PM to 6:00 PM Open Swim
	6:30 PM to 7:30 PM Lap Swim & Deep Water Tabata
Thursday	12:00 PM to 6:00 PM Open Swim
v	6:00 PM to 8:00 Family Swim
Friday	12:00 PM to 6:00 PM Open Swim
	6:00 PM to 8:00 Family Swim
Saturday	12:00 PM to 6:00 PM Open Swim
· · · · · · · · · · · · · · · · · · ·	6:00 PM to 8:00 Family Swim
Sunday	12:00 PM to 6:00 PM Open Swim
-	6:00 PM to 8:00 Family Swim
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Liability Waiver

- Everyone going to the pool must have a liability waiver signed to use the pool.
- Any children under the age of 18 including guest children must have a waiver signed by that child's parent or guard-ian.
- All guests must have a signed waiver.
- Forms are available at the Pool and the Rec Center



- All swimmers must exit the pool following a fecal or vomit accident until water is cleaned, treated, and tested (approximately 30 minutes).
- Air temperature of below 70 degrees.



Tuesdays 1:00 – 3:00 p.m.

Wednesdays 6:00 - 8:00 p.m.

Rackets & balls available at the Rec Center.

Bring a change of shoes to keep the floor clean.



Fitness Center

Orientation Classes

The Rec Center will be offering Fitness Orientation Classes for anyone wanting to know how to properly use the fitness equipment and for resident's ages 16-17 who want to use the Fitness Center without needing a parent present to workout.

BY APPOINTMENT ONLY

Sign up at the Rec Center front desk.

Class Cost: \$10.00

Your \$10.00 will be <u>forfeited</u> if you are a <u>no show</u> when you have scheduled a class.

If you call the instructor and cancel, you will have a \$10.00 credit.

Community Events

Candlewick Garden Club

Invites the community to a presentation on



Plants that were previously ordered from Natalie's Harlem High School class will be ready for pickup and must be paid for at this time.

> Also, save the date for our club plant sale: Saturday, May 20; location to be determined. Dig and share some plants from your yard.

Questions? Email candlewickgardeners@gmail.com



Our Summer Camp program consists of fun filled days which include Swimming, Crafts, Group Sports.

Hours are 6:30am-6pm Monday-Friday

Camp start date is June 5th

Children must have completed kindergarten to attend our program.

Pickleball Enthusiasts Mark Your Calendars!

CWL will be hosting its first Pickleball Tournament Sunday, May 21st at 12:00 p.m. in the Rec Center Gym. All are welcome.

Sign-up at the Rec Center front desk or by emailing Susan Leibforth at sbleibforth@gmail.com. Please include your name, phone number and email address.

Please note if you are an "OK" or a "Good" Player. Prizes will be awarded to the winners of this double elimination tournament in both categories.



A fee of \$5 will be collected prior to the tourney from each player to cover a pizza and soda party in the Water's Edge Room immediately following the tourney.

We look forward to seeing you for a fun afternoon!



May 5th!

6:30 to 8:30 p.m.

Water's Edge at the Rec Center

Anyone 18 or older!

BYOB & Snack to share

Camp registration will begin May 1st at the Rec Center.

A deposit of the first week of camp is due at registration.

Weekly payments are due on the Thursday prior to weeks attending.





Chuck Romano Candlewick Lake Specialist & Resident Realtor (38 Years) 815-543-8280 chuckr@dickersonnieman.com dickersonnieman.com/chuckromano

DICKERSON & NIEMAN REALTORS 6277 RIVERSIDE BLVD.





ROCKFORD, IL 61114







#1 LISTINGS AND SALES

- List with an Agent that cares about Candlewick Lake and will sell your property for top market value!
- Rentals and Listings Needed

Community Events

The Events Commission is looking for Community Groups & Individuals to participate in our Independence Day Celebration Parade!

Get your neighbors together and join in on the fun!!! Some examples can be Motorcycle Groups, Scouts, Church Groups, Sports Teams, or just your friends.

Motorized vehicles, bicycles and walkers are welcome!!

Let's make this our biggest and best parade ever!!!

Candlewick Lake Independence Day Parade Saturday, July 1st, 2023 Please Print All Information and Return to the Rec Center by Wednesday, June 26, 2023

Name of Participant or Group:	
Contact Person:	
Contact Phone Number:	
E-Mail Address:	
Mailing Address:	
Candlewick Lake Resident: YES NO	
Special Information about Your Participation:	
Walking or Motorized entry?	

Motorized vehicles will line up at Savannah Oaks Golf Course between 10 & 10:30.

Bicycle Riders and walkers will line up at Friendship Park between 10:30 and 10:40am.







TENTATIVE Pool Opening

Saturday May 27 – 12:00 to 8:00 Sunday May 28 – 12:00 to 8:00 Monday May 29 – 12:00 to 8:00 Pool phone number 815-339-0500 ex. 302 Our policy for opening is 70 degrees! You need your CWL Member ID & a signed liability waiver



Share your news with us! Congratulations, condolences, births, life events, etc., can be announced here in our paper!

We welcome your photos and news. Send your information to newspaper@candlewicklake.org.

O'CONNELL'S LANDSCAPIN

CANDLEWICK LAKE RESIDENT SINCE 1995

Tourior

- Resident of Candlewick Lake
- FREE, no obligation current market analysis to find out what your home may sell for.
- FREE, no obligation buyer consults. I'll go over the buying process and how you can get money to help with a down payment.
- Moving out of state? Ask me how I can help you find an experienced agent anywhere.
- Full time real estate broker: Top 20% producer at Keller Williams Realty Signature
- Member of both Rockford area MLS system and Chicago area MLS system.

- In the real estate industry since 2006. Prior to my real estate career, I was a legal assistant for 18 years.
- Download my real estate search app to find homes for sale in CWL or homes for sale anywhere in the US! (below)

SEARCH HOMES FOR SALE! Text KW2KEKDLX to 87778





- Decks (Composite or Treated)
- Three Season Rooms & Additions
- Paver Patios & Seat Walls
- Shoreline Restoration & Beaches



Information

From the Table - Just a Bite

By S.L. Bartels, Drew Ct.

It's May and time to gear up for Memorial Day! Time to roll out the grill and fire it up. WHOA, why wait for Memorial Day when May is chock full of celebratory days...

• National Eat What You Want Day

- Derby Day
- · Mother's Day
- Star Wars Day

Truffle Day

- Cinco de Mayo
- · Armed Forces Day
- National Hamburger Day • Paper Airplane Day

• National Shrimp Day

• National Home Brew Day

Well, I may be stretching it a bit with the last two, but... in truth, I love to cook out of doors

Some of the best meals I've had were made and shared around a campfire or a grill. Traveling out west; sleeping in the back of a pickup truck; making camp in the shadow of the Grand Tetons, we'd cook meals over an open fire. Scrambled eggs and bacon, beef stew, ratatouille, kabobs, hotdogs and beans tasted better made over that open fire, even when I had to blow my lungs out trying to get damp firewood to ignite.

These days we may not have the Grand Tetons, but on the plus side, we do have a gas grill- no more huffing and puffing to get a fire started. Plus you can make everything you need for a meal from appetizers straight through desserts on a grill!

But that said there are a few things to consider before you begin. Not all cuts of meat are suitable for grilling and some leaner cuts benefit from using herbs, spices, rubs or marinades to improve meat texture and/or flavor before grilling. Here are some suggestions and hints provided by the Hy-Vee Meat Department and Weber Grill Company when choosing and grilling some meats.

Beef Steaks

Good choices for Grilling:

Rib Eye, Cowboy Rib Eye, T Bone, New York Strip, Porterhouse Good steaks for grilling but would benefit from marinating before grilling: Chuck, Sirloin, Flank

Preparing and Grilling Steaks:

- 1. Remove steak from fridge 30 minutes before grilling to get meat closer to room temperature before placing on the grill.
- Sear the first side for 60% of its full grilling time. Flip it over and cook the second 2. side for the remaining time. *Flip only once using tongs NOT a fork- which will pierce the meat and release the meat juices.

Grilling Times

Cut of Meat	Weight/Size	<u>Approximate Grilling Time</u>
Steak: New York	³ / ₄ " thick	4-6 minutes direct high heat
Porterhouse	3/4"	
Rib Eye	3/4"	
Tenderloin	3/4"	
	1" thick	5-8 minutes. Sear 4-6 min.
		direct high heat, grill 1-2
		min. indirect heat
	1 1/4" thick	8-10 min. Sear 6 min. direct
		high heat, grill 2-4 min.
		indirect high heat
	1 1/2" thick	10-14 min. Sear 6-8 min.
		direct high heat, grill 4-6 min.
		indirect high heat
Flank Steak	1 ¹ / ₂ -2 lbs. ³ / ₄ " thick	8-10 min. direct high heat
Ground beef patty	³ / ₄ " thick	8-10 min. direct high heat
Kabobs	1-1 ½" cubes	4-6 min. direct high heat

Poultry is a bit more complicated because there are more variables to consider: skin on or skinless, bone in or boneless, whole fowl or parts? The chart below will help guide your choices on length of cooking time and direct or indirect heat.

<u>Poultry</u>	<u>Weight</u>	Approximate Grilling time
Chicken Breast,	6-8 oz. pieces	8-12 min. direct medium heat
boneless/skinless		
Chicken Thigh,	4 oz. pieces	8-10 min. direct high heat
boneless/skinless		
Chicken Breast,	10-12 oz. pieces	30-40 min. indirect medium heat
bone- in		
Chicken Pieces		30-40 min_indirect medium heat

Cookout Quiz

Ready to Get Grilled?

- 1. The first Weber Grill was made from:
- A. Scrap metal from Ford Motor factory
- C. Half a metal buoy
- 2. What is America's most popular grilling day? B. Memorial Day
- A. Father's Day
- c. Labor Day
- 3. Which President threw the first White House cookout? B. Calvin Coolidge
- A. Franklin D. Roosevelt
- C. Jimmy Carter
- 4. What event led to the popularization of backyard grilling in America?
- A. The invention of the gas grill.
- C. A beef industry boom that made
- beef less expensive Answers on page 12.

B. The economic boom after WWII D. The introduction of a new food pyramid in the 1950's that emphasized meat.

B. Surplus military bombshells

D. A discarded street lamp

D. Independence Day

D. Lyndon B. Johnson

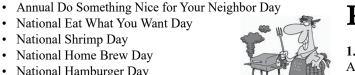












leg/thigh hone-in

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Chicken Wing	2-3 oz.	18-20 min. direct medium heat
Whole Chicken	3 ½ -4 ½ lbs.	1-1/2 hrs. indirect, med. heat
Cornish Game Hens	1 ½-2 lbs.	50-60 min. indirect high heat

A word about Rubs, Marinades and Time: The seasonings intermix with the juices in the meat. The longer you leave them on the more pronounced the flavor. This is good to a point, however a rub with a lot of salt and sugar will draw moisture out of the meat and after time, it may make it tasty but also drier.

Marinade times vary depending on the strength of the marinade and the food you are marinating. Some marinades with intense ingredients may overpower smaller or more delicate types of meats. Also meats left in an acidic marinade too long, may become mushy and dry. Be sure to follow time recommendations for the specific cuts of meat you choose when selecting a rub or a marinade.

Rub and Marinade Recipes

Classic Barbecue Spice Rub

4 tsp. Kosher salt 2 tsp. chili powder 2 tsp. light brown sugar 2 tsp. granulated garlic 2 tsp. paprika 1 tsp. celery seed 1 tsp. ground cumin ¹/₂ tsp. ground black pepper Makes about 1/4 cup

Teriyaki Marinade

1 cup pineapple juice ¹/₂ cup low sodium soy sauce ¹/₂ cup finely chopped yellow onion 1 tbsp. dark sesame oil 1 tbsp. grated fresh ginger 1 tbsp. minced fresh garlic 1 tbsp. dark brown sugar 1 tbsp. fresh lemon juice Makes 2 cups

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Parks are openfrom Dawn to Dusk.Dawn is 30 minutesbefore sunrise,Dusk is 30 minutesafter sunset.MaySunrise15:50 AM7:54PM

1	5:50 AM	7:54PM
2	5:49 AM	7:55 PM
3	5:48 AM	7:56 PM
4	5:46 AM	7:58 PM
5	5:45 AM	7:59PM
6	5:44 AM	8:00PM
7	5:43 AM	8:01PM
8	5:41 AM	8:02PM
9	5:40 AM	8:03PM
10	5:39 AM	8:04PM
11	5:38 AM	8:05PM
12	5:37 AM	8:06PM
13	5:36 AM	8:07PM
14	5:35 AM	8:08PM
15	5:34 AM	8:09PM
16	5:33 AM	8:10PM
17	5:32 AM	8:11PM
18	5:31 AM	8:12PM
19	5:30 AM	8:13PM
20	5:29 AM	8:14PM
21	5:28 AM	8:15PM
22	5:27 AM	8:16PM
23	5:26 AM	8:17PM
24	5:26 AM	8:18PM
25	5:25 AM	8:19PM
26	5:24 AM	8:20PM
27	5:23 AM	8:21PM
28	5:23 AM	8:22PM
29	5:22 AM	8:23PM
30	5:22 AM	8:23PM
31	5:21 AM	8:24PM



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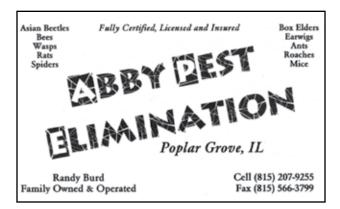
From my Kitchen?

- Solution Serverage Cartons (after being quickly rinsed)
- Plastic Bottles, Jars, Jugs and Containers



Rinse Plastic & Metal Containers to Remove all Remaining Residue.

No wake begins at sunset time listed.



(after being quickly rinsed)

- Aluminum Cans, Metal Containers (after being quickly rinsed)
- Glass Containers
 'varies by municipality (after being quickly rinsed)
- **Or Brown Paper Bags**

From my home office?

- Magazines & Catalogs
- Newspapers
 (including inserts/circulars)
- Office Paper
- 🥑 Junk Mail

From anywhere else in the house?

- Cardboard (Yes, all those Prime boxes!)
- Plastic Bottles and Containers
 (after being quickly rinsed)
- 🕗 Lids & Tubs



Most Common Contaminants:

Food and liquids of any kind! Plastic bags, textiles, pizza boxes, batteries and shredded paper should **not** be included!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2:00-4:30 PM Public Library Bookmobile Rec Center Parking Lot 4:30-7:30 PM Food Trucks - Rec Center 6:30 PM Events Commission Rec Center	2	3 6:00 PM Golf Commission Meeting Rec Center 6:30 PM ECC Meeting Admin Office	4	5 12:00 PM-Closing Cinco De Mayo Celebration Savannah Oaks 6:30 PM Bunco Rec Center	6 8:00 AM AA Meeting Outpost 11:00 AM-12:00 PM Q & A Session Water's Edge Room Rec Center 11:00 AM Season Opener Golf Outing Savannah Oaks 3:00 PM Kentucky Derby Savannah Oaks
7	8 1:00-4:00 PM Candlewick Crafters Rec Center 4:30-7:30 PM Food Trucks - Rec Center	9 6:30 PM Lake Management Rec Center	10 6:30 PM Public Safety Rec Center 7:00 PM AA Meeting Outpost	11 5:30 PM Book Club Meeting Rec Center	12 7:30 PM Bingo Savannah Oaks	13 8:00 AM AA Meeting Outpost 9:00 AM Citation Review Rec Center 10:00 AM Candlewick Garden Club Rec Center
14	15 2:00-4:30 PM Public Library Bookmobile Rec Center Parking Lot 4:30-7:30 PM Food Trucks - Rec Center 5:30 PM Finance - Admin Office	16 6:30 PM Board Meeting Rec Center	17 6:30 PM ECC Meeting Admin Office 7:00 PM AA Meeting Outpost	18	19 9:00 AM-6:00 PM Community Garage Sales Open to Residents & Their Guests	20 8:00 AM AA Meeting Outpost 9:00 AM-4:00 PM Community Garage Sales Open to Public 8:00 PM Pub Trivia Savannah Oaks
21 12:00 PM-4:00 PM Community Garage Sales Open to Public	22 1:00-4:00 PM Candlewick Crafters Rec Center 4:30-7:30 PM Food Trucks - Rec Center	23	24 6:30 PM Board Workshop Rec Center 7:00 PM AA Meeting Outpost	25 Bulk Garbage Pickup 5:30 PM Book Club Meeting Rec Center	26 7:30 PM Bingo Savannah Oaks	27 8:00 AM AA Meeting Outpost 10:00 AM Memorial Day Golf Outing Savannah Oaks 12:00 PM Pool Opens (Weather Permitting)
28	29 MEMORIAL DAY OFFICE CLOSED	30	31 11:00 AM Communications Admin Office			
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
v			•	1	2 6:30 PM Bunco Rec Center	3 6:15 AM Bass Fishing Tournament Rec Center Shoreline 8:00 AM AA Meeting Outpost
4	5 6:30 AM Summer Camp Begins 4:30-7:30 PM Food Trucks - Rec Center 6:30 PM Events Commission	6	7 6:00 PM Golf Commission Meeting Rec Center 6:30 PM ECC Meeting Admin Office	8 5:30 PM Book Club Meeting Rec Center	9 7:30 PM Bingo Savannah Oaks	10 8:00 AM AA Meeting Outpost 10:00 AM Candlewick Garden Club Rec Center

11	12 1:00-4:00 PM Candlewick Crafters Rec Center 2:00-4:30 PM Public Library Bookmobile Rec Center Parking Lot 4:30-7:30 PM Food Trucks - Rec Center	13 5:00 PM Ladies' Golf Club Meeting Savannah Oaks 6:30 PM Lake Management Rec Center	14 7:00 PM AA Meeting Outpost 6:30 PM Public Safety Rec Center	15	16	17 8:00 AM AA Meeting Outpost 8:00 PM Pub Trivia Savannah Oaks
18 8:45 AM Kids Fishing Tournament Rec Center Shoreline	19 1:30-7:30 PM Blood Drive - Rec Center 4:30-7:30 PM Food Trucks - Rec Center 5:30 PM Finance - Admin Office	20 6:30 PM Board Meeting Rec Center	21 6:30 PM ECC Meeting Admin Office 7:00 PM AA Meeting Outpost	22 5:30 PM Book Club Meeting Rec Center	23 7:30 PM Bingo Savannah Oaks	24 8:00 AM AA Meeting Outpost
25	26 1:00-4:00 PM Candlewick Crafters Rec Center 2:00-4:30 PM Public Library Bookmobile Rec Center Parking Lot 4:30-7:30 PM Food Trucks - Rec Center	27	28 11:00 AM Communications Admin Office	29	30	

7:00 PM AA Meeting Outpost

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12 MAY 2023 Candlewick Leisure



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Answers to Grilling Quiz

- 1. C Creator George Stephen took half a buoy, added air vents and legs and the original kettle grill was born.
- D According to a statistic report 68% of Americans like to grill on Independence Day, followed by Labor Day and Father's Day
- D Lyndon Johnson, the 36th president hosted the first cookout at the White House and served Texas-style bar-
- B In the years following the war, Americans built patios and decks and began to associate outdoors cooking with recreation and relaxing in mind.

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